

From Seed to Plant

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grain

What Does It Mean?

A grain is a small part of something.

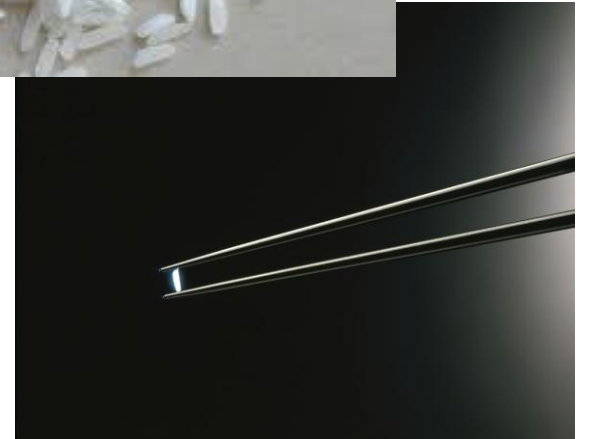


Sentence:

It is hard to pick up only one small grain of rice.

Think About It:

Would you rather have a grain of sand or a bucket of sand to play with?



pod

What Does It Mean?

A pod is a shell that covers seeds.

Sentence:

A pod, or shell, protects peas as they grow.

Think About It:

What pod do people eat as a vegetable?



soak

What Does It Mean?

To soak something is to make it completely wet with a liquid.

Sentence:

The children **soak** the soil with water to help the seeds grow.

Think About It:

Have you ever had to soak something? What was it?



soften

What Does It Mean?

To soften is to make something softer or less hard.

Sentence:

The boiling water will soften the noodles.

Think About It:

What could you do to soften a floor to lie on it?



root

What Does It Mean?

A root is a part of a plant that grows down into the ground. The root of a plant draws water and minerals from the earth.

Sentence:

The **root** of this plant goes deep into the soil.



Think About It:

What do you think happens to a plant when its root is pulled from the ground?

shoot

What Does It Mean?

A shoot is a plant that has just begun to grow.



Sentence:

We planted seeds in the ground. Later, we saw a **shoot** begin to grow.



Think About It:

How would you take care of a shoot so that it grows into a plant?

nutrition

What Does It Mean?

When we eat healthy food, our bodies get the nutrition needed to grow and stay healthy.

Sentence:

Eating vegetables is a good way to get the nutrition that your body needs.



Think About It:

Which do you think has more nutrition, an apple or a candy bar?
Explain your answer.

tasty

What Does It Mean?

If something is tasty, it has a good flavor.

Sentence:

I ate the whole apple because it was so **tasty**!



Think About It:

Do you think spoiled milk would be tasty? Explain.